



**VINAYAKA MISSION'S
RESEARCH FOUNDATION**
(Deemed to be University under section 3 of the UGC Act 1956)



SAS
SCHOOL OF ARTS AND SCIENCE

*Cordially invites you all for a
Session on Yoga*

PRANAYAMA



on 22-04-2022 @ 10.30 a.m.

In the presence of

Prof. Dr. K. Manivannan

Director, School of Arts and Science

Sri Yogi. K. Duraipandi

Yoga Instructor, AV Campus

Dr. S.E. Allen Moses

NSS Officer, School of Arts and Science

